Bastrop Parks and Public Tree Advisory Board Meeting Bastrop City Hall Council Chambers 1311 Chestnut Street Bastrop, TX 78602 (512) 332-8800



AGENDA - September 2, 2021 at 6:00 P.M.

Bastrop Parks and Public Tree Advisory Board meetings are available to all persons regardless of disability. If you require special assistance, please contact the Board Liaison Secretary at (512) 332-8920, or write to 1311 Chestnut Street, Bastrop, TX 78602, or call Relay Texas through a T.D.D. (Telecommunication Device for the Deaf) at 1-800-735-2989 at least 48 hours in advance of the meeting.

PLEASE NOTE: ANYONE WISHING TO ADDRESS THE BOARD MUST PROVIDE COMMENTS WITH FULL NAME, ADDRESS, PHONE NUMBER TO CHANCOCK@CITYOFBASTORP.ORG BEFORE 3:00PM ON SEPTEMBER 2, 2021. SUBMITTED COMMENTS WILL BE READ ALOUD AT THE MEETING. COMMENTS FROM EACH INDIVIDUAL WILL BE LIMITED TO THREE (3) MINUTES WHEN READ ALOUD.

- 1. CALL TO ORDER
- 2. STAFF AND BOARD BRIEFINGS
- 2A. Parks and Recreation Report
- 2B. Bastrop State Park Report
- 2C. Recreation Report
- 2D. Bird City Coalition Report
- 2E. Council Liaison Report
- 3. CITIZEN COMMENTS

At this time, three (3) minute comments will be taken from the audience on any topic. To address the Board, please submit a fully completed request card to the Board chairperson prior to the beginning of the meeting. In accordance with the Texas Open Meetings Act, if a citizen discusses any item not on the agenda, city Boards cannot discuss issues raised or make any decision at this time. Instead, city Boards are limited to making a statement of specific information or a recitation of existing policy in response to the inquiry. Issues may be referred to city staff for research and possible future action. It is not the intention of the City of Bastrop to provide a public forum for the embarrassment or demeaning of any individual or group. Neither is it the intention of the Board to allow a member of the public to slur the performance, honesty, and/or integrity of the Board, as a body or any member or members of the Board, individually or collectively, nor any members of the city's staff Accordingly, profane, insulting, or threatening language directed toward the Board and/or any person in the Board's presence will not be tolerated.

4. APPROVAL OF THE MINUTES

4A. Consider action to approve Parks and Public Tree Advisory Board minutes from the July 1, 2021, regular meeting.

5. ITEMS FOR INDIVIDUAL CONSIDERATION

- 5A. Update and discuss Disc Golf in Bob Bryant Park
- 5B. Update and discuss Birding Blind in Bob Bryant Park
- 5C. Update and discuss Purple Martin Houses in Bob Bryant
- 5D. Update and discuss the signs for new trail named after Mrs. Dorothy Skarnulis
- 5E. Update and discuss Mobile Vendors in Fisherman's Park
- 5F. Update and discuss Bastrop County Complex Fire 10 Year Anniversary
- 5G. Update and discuss Rodeo Arena

6. Updates

6A. Invitation for input from Board Members related to issues for possible inclusion on the next meeting agenda.

7. ADJOURNMENT

I, the undersigned authority, do hereby certify that this Notice of Meeting is posted in accordance with the regulations of the Texas Open Meetings Act on the bulletin board located at the entrance to the City of Bastrop City Hall, a place of convenience that is readily accessible to the general public, as well as to the City's website, <u>www.cityofbastrop.org</u>. Said Notice was posted on the following date and time: Friday, August 27, 2021 at 10:00 a.m. and will remain posted for at least two hours after said meeting is convened.

Victoria Psencik, Deputy City Secretary





MEETING DATE: September 2, 2021

AGENDA ITEM: 2A

TITLE: Parks and Recreation Report

STAFF REPRESENTATIVE:

Thomas Martinez, Crew Leader Parks & Recreation Curtis Hancock, Director of Public Works

RECOMMENDATION:

Review staff Parks and Recreation August operational report. Report will be in the agenda packet.

ATTACHMENTS: • Parks operational update Parks

- Staff cleaned, inspected, and set up for the Homecoming Rodeo.
- Parks also pruned trees at Kerr Park and on City lots and Sidewalks.
- Parks Operator (Robert) spent 21.5 hours shredding at Pecan Park.
- With the much-appreciated help of the Water/Waste Division, Parks was able to have a water line installed to supply the Wheeled Skate Plaza and begin installation of a water fountain.
- Staff also began installation of concrete pads for trash cans and benches.









MEETING DATE: September 2, 2021

AGENDA ITEM: 2B

TITLE: Bastrop State Park Report

STAFF REPRESENTATIVE:

Jamie Creacy, Park Superintendent, Lost Pines State Park Complex Curtis Hancock, Public Works Director

RECOMMENDATION:

Review Bastrop State Park monthly operational report.

ATTACHMENTS:

Bastrop State Park Operational Update



MEETING DATE: September 2, 2021

AGENDA ITEM: 2C

TITLE: Bastrop Recreation Report

STAFF REPRESENTATIVE:

Terry Moore, Bastrop Recreation Curtis Hancock, Public Works Director

RECOMMENDATION: NA

ATTACHMENTS: N/A



August 25, 2021

Parks Board September Recreation Report

Membership remains stable with approximately 240 members. There was an increase August because of water programs but is leveling back out with the closing of those programs and the pool.

In August:

- Saturday Water Aerobics class was added.
- Class participation remained steady.
- Total of approximately 2500 people served.
 - Group Exercise 79.6%
 - Outdoor Exercise 16.3%
 - Youth Programs 4%
- New September Schedule for the fall is attached.

Additional:

- Adult 3v3 Soccer Tournament
 - o **10/16/21**
 - 2 PM
 - Fireman's Park
 - This is not a membership program. Each team of 6 will be charged \$60 to play.
- Confidence in the Gym program
 - o 3rd Thursday each month starting in September
 - o 10 AM
 - Led by a personal trainer, intended to teach participants proper and safe techniques when using the gym equipment and building a workout plan.

Updated 8/18/21

SEPTEMBER 2021

INDOOR FITNESS - 1008 WATER ST

Time	MON	TUE	WED	THU	FRI	SAT
7A						
8A						
9A	Cycling	NIA	Cycling	NIA	Cardio Dance	Core & More
10:15A	AOA Strong	Adaptive Chair Yoga	Gentle Yoga	Body Blast	AOA Strong	BollyX
11:30A	Transform	*Parent & Me Tumbling	Cardio Dance	Transform	*Creative Dance for Kids	
4:30P			*NIA- Youth			
5:15P		Gentle Yoga		Gentle Yoga		
6P						
6:30P	BollyX	Zumba		Zumba		

OUTDOOR FITNESS - BOB BRYANT PARK, 600 CHARLES

Time	MON	TUE	WED	THU	FRI	SAT
7A		Mat Pilates	HIIT 45			
8A	Qi Gong	Strong Circuit		Strong Circuit		HIIT 45
9A						*Youth Condition- ing
4P		Power Walk				
*DEMO	TES YOUTI	H CLASSE	S			

MONTHLY YOUTH PROGRAMS

1ST FRIDAY	9A	NATURE HIKE - BOB BRYANT PK	
2ND MONDAY	4:30P	DISCOVERY - RECREATION CNTR	
4TH MONDAY	4:30P	DISCOVERY - RECREATION CNTR	

FOLLOW PROGRAM NEWS AND UPDATES AT: www.facebook.com/groups/bastroprecreation/

SR CENTER - 1209 LINDEN ST

1P	MON	Line Dance
10:30A	WED	Adaptive Chair Yoga
7P	WED	Round Dance



RECREATION CENTER HOURS

MON THRU SAT

8A TO 12P PHONE: (512) 332-8805

ALL PROGRAMS ARE INCLUDED AS PART OF MEMBERSHIP

FOR MORE INFORMATION GO TO: CITYOFBASTROP.ORG/RECREATION



1

<u>Active Older Adult (AOA) Strong</u> - Low impact class designed for seniors that includes cardio, muscular toning and stretching. This class will help with your balance, increase strength and range of motion, and mental health.

<u>Adaptive Chair Yoga</u> - An adaptive yoga class for anyone with physical limitations, allowing them to fully enjoy Yoga's amazing wellness benefits. Great for individuals who have difficulty moving to and from the floor or prefer the support and stability of a chair in their practice.

<u>Body Blast</u> - A full-body workout using weighted plates and barbells combined with bodyweight exercises to create compound and isolation exercises to get you lean, toned, and fit.

<u>BollyX</u> (any level) - Experience a Bollywood-inspired dance cardio workout that combines exhilarating calorie-burning choreography with upbeat music from India.

<u>Cardio Dance</u> - This dance fitness class offers challenging, yet easy to learn dance sequences that burn hundreds of calories, improve memory and coordination skills, great in a safe and friendly environment.

<u>Core and More</u> - Integrates Pilates and Franklin Method to achieve better functional core strength, balance, and posture, through movement flow and myofascial release.

<u>Creative Dance for Kids</u> - Using repetition and imagery as a mode of recognition and inspiration this is a great way to get kids moving and out of their shell. We explore rhythm, musicality, different kinds of motion, dance basics and fundamentals, and stretches. Open to ages 3 to 6 years old.

<u>Cycling</u> - Any Level. Each ride is unique but will include simulated hills, mountains, flat road, and racing. This cardio workout is appropriate for all fitness levels and includes a variety of music.

<u>Gentle Yoga</u>-(beginner) Gentle stretching and breathing will help you enhance your awareness of your own body and create healthy patterns for reducing stress and body aches.

<u>HIIT-45</u> (High-Intensity Interval Training) - a 45-minute cardiovascular workout incorporating alternating short periods of intense anaerobic exercise and active recovery periods. Exercises focus on endurance and cardiovascular performance.

<u>Mat Pilates</u> - A low impact style of movement that brings mind and body connection, focusing on internal muscles that bring strength to your posture for core strengthening for optimal physical and mental health.

<u>Nia</u> - A fun, aerobic dance, fitness workout for everyone. Condition the whole body and mind with moves inspired by martial and healing arts, while enjoying a wide variety of great music. Benefits include flexibility, agility, mobility, stability, and strength. NIA is practiced barefoot.

<u>Qigong</u> - Exercises consist of a series of orchestrated practices including body posture/movement, breath practice, and meditation, all designed to enhance Qi function (that is, drawing upon natural forces to optimize and balance energy within) through the attainment of deeply focused and relaxed states.

<u>Parent and Me Tumbling</u> - Join your child as they learn to move in fun, creative ways with tumbling! Skills include flexibility, balancing and muscle strengthening. Open to ages 2 to 5 years old.

<u>Power Walking Workout</u> - A variety of drills that use proper technique and gait assessment with progressions to focus on improving posture, stride length, muscle recruitment, foot placement and more. Body weight and resistance training included with group warm-up and post work-out stretching.

<u>Strong Circuit</u> (moderate level) - This is a series of exercises, including TRX, performed in rotation with minimal amounts of rest using a variety of equipment changing between cardio, strength and agility. Circuit Training is a time effective way to enhance cardiovascular fitness and muscle endurance.

<u>Transform</u>-The perfect blend of yoga, tai chi, Pilates, and low impact athletic training. This class is choreographed to motivating music, leaving you feeling Transformed.

Youth Track & Conditioning - Get active in a fun and encouraging environment. This is a continuous program for ages 6 to 15 yrs old. Parents are encouraged to participate!!

<u>Zumba</u>-(any level) A person can burn up to 600 kcal, depending on the energy put forth. The music comes from the following dance styles: cumbia, salsa, merengue, mambo, flamenco, chachacha, reggaeton, samba, hip hop music, axé music and tango.



MEETING DATE: September 2, 2021

AGENDA ITEM: 2D

TITLE: Bird City Coalition Report

STAFF REPRESENTATIVE:

Kerry Fossler, Board Member Curtis Hancock, Public Works Director

RECOMMENDATION: N/A

ATTACHMENTS:

Bird City Coalition Report



BASTROP BIRD CITY BASTROP REPORT FOR CITY OF BASTROP PARKS BOARD MEETING September 5th, 2021

RECENT SUCCESSES

- BIRD FRIENDLY SKIES/DARK SKIES LIGHTING SOLUTIONS
 - Presented August 6th at First Friday by the Lost Pines Master Naturalists

Pic from First Friday on Main St Aug $6^{th} \Rightarrow$

UPCOMING EVENTS

- BIG SITS every 4th Saturday 8:30a-10:00am
 - o August 28th Bob Bryant Park
 - September 25th Fisherman's Park at the beach
 - o October 23rd Circle D Park

Pic from BIG SIT at Colorado \Rightarrow River Refuge July 24^{tb} \Rightarrow

• LITTLE HIKES every 2nd Friday 8:30a-10:00am

- o September 10th LCRA McKinney Roughs
- October 8th Colorado River Refuge Dragonfly Trail
- November 12th Dorothy Skarnulis Memorial Trail in Pecan Park (formerly Riverbend Trail)

Pic from LITTLE HIKE at Colorado \Rightarrow River Refuge – Two Bridges August 13th \Rightarrow

• FUTURE MEETINGS IN PERSON at CITY HALL

(every 6 weeks – Wednesdays 1:30pm)

o Sept 15, Oct 27, Dec 8, Jan 19, Mar 1

• BIRD CITY TEXAS GATHERING Sept 16th

o 3 Bird City Bastrop Co-Chairs are presenting!

UPCOMING COLLABORATION

• Master Naturalists & Bridge Maniacs & Bird City & City of Bastrop are designing a birding blind to be installed in Bob Bryant Park this fall with the TPWD grant.











MEETING DATE: September 2, 2021

AGENDA ITEM: 2E

TITLE: Council Liaison Report

STAFF REPRESENTATIVE:

Dock Jackson, Council Liaison Curtis Hancock, Public Works Director

RECOMMENDATION: Review Council Liaison March report and/or comments.



MEETING DATE: September 2, 2021

AGENDA ITEM: 4A

TITLE:

Consider action to approve Parks and Public Tree Advisory Board minutes from the July 5, 2021 regular meeting.

STAFF REPRESENTATIVE:

Sandy Holder, Public Works Technician Curtis Hancock, Public Works Director

POLICY EXPLANATION:

Section 551.021 of the Government Code provides as follows: (a) A governmental body shall prepare and keep minutes or make a tape recording of each open meeting of the body. (b) The minutes must:

1. State the subject of each deliberation; and

2. Indicate the vote, order, decision, or other action taken.

RECOMMENDATION:

Approve, amend, or correct the minutes of the July 5, 2021 Parks and Public Tree Advisory Board.

ATTACHMENTS:

July 5th DRAFT Parks and Public Tree Advisory Board meeting minutes

MINUTES OF CITY OF BASTROP PARKS AND PUBLIC TREE ADVISORY BOARD

July 1st, 2021

The Bastrop Parks and Public Tree Advisory Board met in a Regular Meeting on Thursday, July 1st, 2021, at 6:00 p.m. at City Hall. Members present were Barbara Wolanski, Betty Rucker, Margaret Robinson, Sarah Rooney and Kerry Fossler, along with Liaison Councilman Dock Jackson. Absent were Board Member Jamie Creacy and staff Terry Moore. Staff present were Curtis Hancock and Thomas Martinez.

1. CALL TO ORDER

At 6:00 p.m. Chair Barbara Wolanski called the meeting to order.

2. STAFF, BOARD, AND COMMITTEE MONTHLY OPERATIONAL REPORTS

2A. Parks and Recreation Report

Report was given by staff Thomas Martinez.

2B. Bastrop State Park Report

Written report from Jamie Creacy was read and discussed.

2C. Recreation Report

Written report from Terry Moore was read and discussed.

2D. Bird City Coalition Report Report was given by Kerry Fossler.

2E. Council Liaison Report

Report was given by Councilman Dock Jackson.

3. CITIZEN COMMENTS

Jack Lewis of Pine Forest signed up to speak. Address: 167 McAllister Rd. Bastrop, TX 78602. He spoke of pickleball as an accessible, fast-growing sport that attracts players of all ages and abilities. He encouraged us to build more courts with permanent nets and a roof – a court dedicated to pickleball instead of sharing with other sports on the same court.

4. APPROVAL OF THE MINUTES

4A. Consider action to approve Parks and Public Tree Advisory Board minutes from the June 3rd regular meeting.
Motion was made by Betty Rucker and seconded by Board Member Sarah Rooney. Vote was unanimous.

5. ITEMS FOR INDIVIDUAL CONSIDERATION

5A. Elect New Parks and Public Tree Advisory Board Vice Chair

Motion was made by Parks Board Member Kerry Fossler to nominate Margaret Robinson as the new Vice Chair for the Parks and Public Tree Advisory Board. Motion was seconded by Betty Rucker. Vote was unanimous.

- **5B.** Update and discuss the Wheeled Sports Plaza Phase I project. Public Works Director Curtis Hancock gave an update.
- **5C.** Update and discuss the Disc Golf in Bob Bryant Park. Public Works Director Curtis Hancock gave an update.
- **5D. Update and discuss the Birding Blind in Bob Bryant Park.** Public Works Director Curtis Hancock gave an update.
- **5E. Update and discuss Purple Martin Houses in Bob Bryant.** Public Works Director Curtis Hancock gave an update.
- **5F. Update and discuss Board Vacancies and Expiring Terms.** Public Works Director Curtis Hancock gave an update.
- **5G.** Update and discuss the naming of new trail after Mrs. Dorothy Skarnulis. Public Works Director Curtis Hancock gave an update.

6. UPDATES

6A. Invitation for input from Board Members related to issues for possible inclusion on the next meeting agenda.

Public Works Director Curtis Hancock gathered the topics – skipping our August meeting due to Homecoming, Wheeled Sports Plaza, Disc Golf at Bob Bryant, Birding Blind at Bob Bryant.

7. ADJOURNMENT

Board Member Betty Rucker made the motion to adjourn the meeting at 7:05pm. Vice Chair Margaret Robinson seconded. The vote was unanimous.



MEETING DATE: September 2, 2021

AGENDA ITEM: 5A

TITLE:

Update and discuss the Disc Golf in Bob Bryant

STAFF REPRESENTATIVE:

Curtis Hancock, Public Works Director

BACKGROUND/HISTORY:

On Tuesday, June 22, 2021, City Council approved the donation from Lost Pines Alliance Disc Golf Club for eighteen (18) disc golf baskets to installed in Bob Bryant Park.

Thomas has scheduled a workday for Saturday, September 11th to clean the area and layout the course.

POLICY EXPLANATION:

The Parks and Public Tree Advisory Board serves in an advisory role to the City Council and may make recommendations for actions to be considered as related to the parks.

FUNDING SOURCE: N/A

RECOMMENDATION: N/A



MEETING DATE: September 2, 2021

AGENDA ITEM: 5B

TITLE:

Update and discuss the Birding Blind in Bob Bryant

STAFF REPRESENTATIVE:

Curtis Hancock, Public Works Director

BACKGROUND/HISTORY:

On Tuesday, June 22, 2021, City Council approved the donation of a Birding Blind to installed in Bob Bryant Park

POLICY EXPLANATION:

The Parks and Public Tree Advisory Board serves in an advisory role to the City Council and may make recommendations for actions to be considered as related to the parks.

FUNDING SOURCE:

N/A

RECOMMENDATION: N/A



MEETING DATE: September 2, 2021

AGENDA ITEM: 5C

TITLE:

Update and discuss Purple Martin Houses in Bob Bryant.

STAFF REPRESENTATIVE:

Curtis Hancock, Public Works Director

BACKGROUND/HISTORY:

On Tuesday, June 22, 2021, City Council approved the donation of Purple Martin House to installed in Bob Bryant Park

POLICY EXPLANATION:

The Parks and Public Tree Advisory Board serves in an advisory role to the City Council and may make recommendations for actions to be considered as related to the parks.

FUNDING SOURCE:

N/A

RECOMMENDATION: N/A



MEETING DATE: September 2, 2021

AGENDA ITEM: 5D

TITLE:

Update and discuss naming the new trail located in Pecan Park in memory of Mrs. Dorothy Skarnulis

STAFF REPRESENTATIVE:

Curtis Hancock, Public Works Director

BACKGROUND/HISTORY:

Dorothy Skarnulis was an amazing person that cared very much for the community of Bastrop. She co-founded Keep Bastrop County Beautiful, worked on the Bastrop County Child Welfare Board, served on the Bastrop Parks and Public Tree Advisory Board, was the driving force to Bastrop being designated Bird City Texas (one of only four in the state), named Woman of the Year by the Bastrop Chamber of Commerce in 2013, and was a certified Master Gardener. These are only a few of the many things that Mrs. Skarnulis did for the community. Her dedication, enthusiasm, and passion for all of these has made Bastrop a better place.

On July 26, 2020, Mrs. Skarnulis passed away after she lost her battle with cancer. She will be greatly missed by this community. Because of Dorothy's many contributions, The Bastrop Parks and Public Tree Advisory Board wanted to honor her in a way that her countless hours of community service will be remembered. At the September 3, 2020 meeting, the board unanimously voted to recommend to the Bastrop City Council that the new trail to be located in the new Pecan Park subdivision be named in memory of Mrs. Skarnulis.

At the October 13, 2020 City Council meeting, Council approved Resolution No. R-2020-106, naming the new trail located in Pecan Park after Mrs. Dorothy Sharnulis.

POLICY EXPLANATION: N/A

FUNDING SOURCE: Parks Fund

RECOMMENDATION:







MEETING DATE: September 2, 2021

AGENDA ITEM: 5E

TITLE:

Update and discuss Mobile Vendors in Fisherman's Park

STAFF REPRESENTATIVE:

Curtis Hancock, Public Works Director

BACKGROUND/HISTORY:

On Thursday, July 7th Ann Franklin received a call from Ryan Walker. Mr. Walker is interested in having a mobile business in Bastrop. The business would be in a bus, and he would like to be in Fisherman's Park across from the new Skate Park. Mr. Walker will be selling skateboards and all related equipment.

We do have one vendor in Fisherman's Park currently and do allow mobile vendors in the park for special events. I believe this could be the start for developing area in the park for mobile vendors if approved.

What is the board opinion on allowing mobile vendors in the park?

POLICY	EXPLANATION
N/A	·

FUNDING SOURCE:

RECOMMENDATION:



MEETING DATE: September 2, 2021

AGENDA ITEM: 5F

TITLE:

Update and discuss Bastrop County Complex Fire 10 Anniversary

STAFF REPRESENTATIVE:

Curtis Hancock, Public Works Director

BACKGROUND/HISTORY:

On September 4th, 2021, at the Bastrop Convention Center, the Perseverance in the Pines event will take place to commemorate the 10-year anniversary of the Bastrop County Complex Fire. The City of Bastrop will have a booth in the foyer of the Convention Center that will be full of resources, giveaways, and free items related to household emergency preparedness.

At the commemorative event, a Perseverance in the Pine magazine is being distributed and the city has purchased space to included in the publication. Our space will feature a letter written by Mayor Schroeder and a layout that focuses on restoration and future progress.

The city is also holding a commemorative tree planting ceremony where three pine trees will be planted to honor the first responders, community, and the victims of the Complex Fire. More details about location, date, and time will be shared once confirmed.

POLICY EXPLANATION: N/A

FUNDING SOURCE:

RECOMMENDATION:



MEETING DATE: September 2, 2021

AGENDA ITEM: 5G

TITLE:

Update and discuss Rodeo Arena

STAFF REPRESENTATIVE:

Curtis Hancock, Public Works Director

BACKGROUND/HISTORY:

During the August 17th budget workshop, Council Member Jackson mentioned safety concerns at the rodeo arena. The arena was inspected by the Public Works Department prior to the recent Homecoming festivities, and no safety concerns were noted. City Manager Paul Hofmann and I inspected the arena personally and see no safety issues. The box seats are old and weathered, and we should consider removing them completely and using portable folding chairs in that area of the arena for the annual Homecoming events,

In preparation for Homecoming 2021 the Public Works Department cleaned and prepped the concession stand, announcer's booth, and restrooms at Mayfest park for the event. Public Works staff also re-painted arena railing near the concession stand and around all box seating areas.

POLICY EXPLANATION: N/A

FUNDING SOURCE:

RECOMMENDATION: